

**Form 80 - Physical Measurements****Data File:** f80\_ep\_base\_pub **File Date:** 04/21/2005**Structure:** One row per participant**Population:** E+P participants**Participant ID****Variable #** 1**Usage Notes:** none**Sas Name:** ID**Categories:** Study: Administration**Sas Label:** Participant ID**F80 Days since randomization/enrollment****Variable #** 2**Usage Notes:** none**Sas Name:** F80DAYS**Categories:** Study: Administration**Sas Label:** F80 Days since randomization/enrollment

N	Min	Max	Mean	Std Dev
16608	-282	0	-77.42564	35.16577

**F80 Resting pulse in 30 seconds**

Resting pulse in 30 sec:

**Variable #** 3**Usage Notes:** none**Sas Name:** PULSE30**Categories:** Physical Measurements**Sas Label:** Resting pulse in 30 seconds

N	Min	Max	Mean	Std Dev
16593	20	94	35.00518	5.99395

**F80 Systolic blood pressure 1**

Blood pressure: Systolic

**Variable #** 4**Usage Notes:** none**Sas Name:** SYSTBP1**Categories:** Physical Measurements**Sas Label:** Systolic blood pressure (1st reading)

N	Min	Max	Mean	Std Dev
16605	80	200	127.97489	17.90959

**F80 Diastolic blood pressure 1**

Blood pressure: Diastolic

**Variable #** 5**Usage Notes:** none**Sas Name:** DIASBP1**Categories:** Physical Measurements**Sas Label:** Diastolic blood pressure (1st reading)

N	Min	Max	Mean	Std Dev
16604	40	104	75.89123	9.4132

**F80 Systolic blood pressure 2**

Blood pressure: Systolic

**Variable #** 6**Usage Notes:** none**Sas Name:** SYSTBP2**Categories:** Physical Measurements**Sas Label:** Systolic blood pressure (2nd reading)

N	Min	Max	Mean	Std Dev
16602	80	200	127.35357	17.73186

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**F80 Diastolic blood pressure 2**

Blood pressure: Diastolic

**Variable #** 7**Usage Notes:** none**Sas Name:** DIASBP2**Categories:** Physical Measurements**Sas Label:** Diastolic blood pressure (2nd reading)

N	Min	Max	Mean	Std Dev
16606	40	104	75.54089	9.21599

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**F80 Height cm****Variable #** 8**Usage Notes:** Values at low and high ends of distribution are truncated.**Sas Name:** HEIGHTX**Categories:** Physical Measurements**Sas Label:** F80 Height cm

N	Min	Max	Mean	Std Dev
16558	147	177	161.64213	6.24684

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**F80 Weight kg****Variable #** 9**Usage Notes:** Values at low and high ends of distribution are truncated.**Sas Name:** WEIGHTX**Categories:** Physical Measurements**Sas Label:** F80 Weight kg

N	Min	Max	Mean	Std Dev
16585	48.3	126.4	74.51712	15.83275

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**F80 Waist circumference cm****Variable #** 10**Usage Notes:** Values at low and high ends of distribution are truncated.**Sas Name:** WAISTX**Categories:** Physical Measurements**Sas Label:** F80 Waist circumference cm

N	Min	Max	Mean	Std Dev
16557	64	125	87.93345	13.40298

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**F80 Hip circumference cm****Variable #** 11**Usage Notes:** Values at low and high ends of distribution are truncated.**Sas Name:** HIPX**Categories:** Physical Measurements**Sas Label:** F80 Hip circumference cm

N	Min	Max	Mean	Std Dev
16541	86.9	144	107.2631	11.79318

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**Form 80 - Physical Measurements****Data File:** f80\_ep\_base\_pub **File Date:** 04/21/2005 **Structure:** One row per participant **Population:** E+P participants**Systolic**

Computed from Form 80, questions 6.1 and 6.2. Systolic blood pressure: average of two baseline measurements. If only one measurement is known, the single value is used.

**Variable #** 12**Usage Notes:** none**Sas Name:** SYST**Categories:** Computed Variables  
Physical Measurements**Sas Label:** Systolic BP

N	Min	Max	Mean	Std Dev
16608	80	200	127.66411	17.58048

**Systolic categorical**

Computed from Form 80, questions 6.1 and 6.2. See SYST. Categorization of SYST into three groups: <= 120, >120-140 and > 140 .

**Variable #** 13**Usage Notes:** none**Sas Name:** SYSTOL**Categories:** Computed Variables  
Physical Measurements**Sas Label:** Systolic BP

Values	N	%
1 <=120	6,270	37.8%
2 120 - 140	6,873	41.4%
3 >140	3,465	20.9%
	16,608	

**Diastolic**

Computed from Form 80, questions 6.1 and 6.2. Diastolic blood pressure: average of two baseline measurements. If only one measurement is known, the single value is used.

**Variable #** 14**Usage Notes:** none**Sas Name:** DIAS**Categories:** Computed Variables  
Physical Measurements**Sas Label:** Diastolic BP

N	Min	Max	Mean	Std Dev
16608	40	104	75.7146	9.10933

**Diastolic categorical**

Computed from Form 80, questions 6.1 and 6.2. See DIAS. Categorization of DIAS into two groups: < 90 and >= 90 .

**Variable #** 15**Usage Notes:** none**Sas Name:** DIASTOL**Categories:** Computed Variables  
Physical Measurements**Sas Label:** Diastolic BP

Values	N	%
1 <90	15,385	92.6%
2 >=90	1,223	7.4%
	16,608	



Form 80 - Physical Measurements

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BMI

Computed from F80 Height cm and F80 Weight kg.

Variable # 16

Sas Name: BMIX

Sas Label: BMI

Usage Notes: If BMI is greater than 70 it is set to missing.

Categories: Computed Variables  
Physical Measurements

N	Min	Max	Mean	Std Dev
16535	15.41703	58.49415	28.47878	5.7445

BMI Categorical

Computed from BMI. Reference: Expert Panel on the identification, evaluation, and treatment on overweight in adults (1998). Categorization of BMI into six groups. If a participant's BMI is greater than 70, BMICX is missing.

Variable # 17

Sas Name: BMICX

Sas Label: BMI Categorical

Usage Notes: none

Categories: Computed Variables  
Physical Measurements

Values	N	%
1 Underweight (< 18.5)	57	0.3%
2 Normal (18.5 - 24.9)	5,004	30.1%
3 Overweight (25.0 - 29.9)	5,831	35.1%
4 Obesity I (30.0 - 34.9)	3,463	20.9%
5 Obesity II (35.0 - 39.9)	1,474	8.9%
6 Extreme Obesity III (>= 40)	706	4.3%
. Missing	73	0.4%
	16,608	

Waist hip ratio

Ratio of F80 Waist circumference cm to F80 Hip circumference cm.

Variable # 18

Sas Name: WHRX

Sas Label: Waist hip ratio

Usage Notes: none

Categories: Computed Variables  
Physical Measurements

N	Min	Max	Mean	Std Dev
16532	.44444	1.39821	.8184	.07317